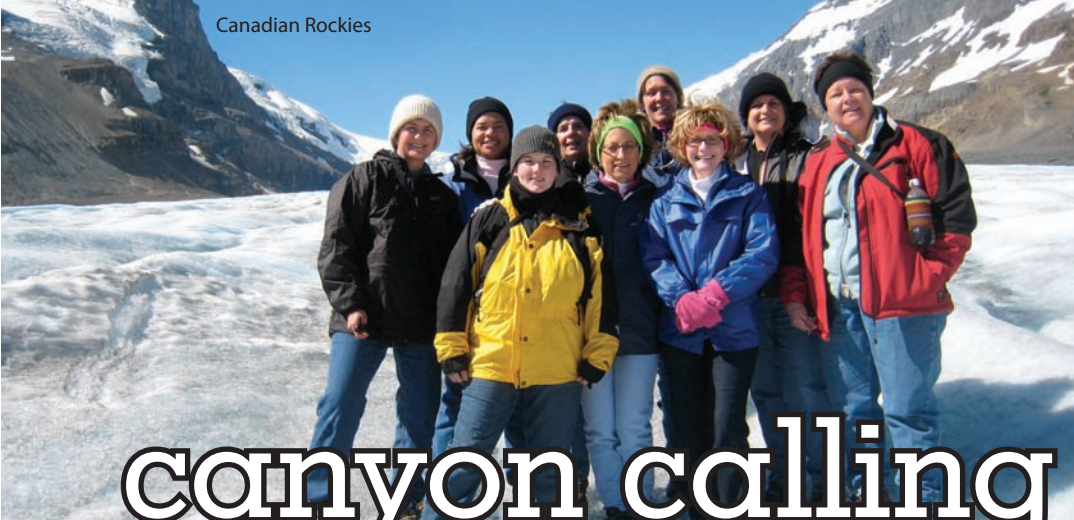




Canadian Rockies



"It's a beautiful world
– we go there!"



Swiss Alps

canyon calling

adventures for women

WRITTEN BY
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IN 2009, CANYON CALLING: ADVENTURE TRIPS for Women will visit 14 different destinations from Alaska to Australia, and Sedona to Switzerland. Canyon Calling has been leading exciting trips for women since 1996. What separates Canyon Calling from the rest is their emphasis on multi-activity adventures. They were the first of the all-women adventure trip companies to offer this feature, and now, the only company offering all of their trips in this format. What this means is that the trips are exciting everyday in a different way. One day they're hiking, the next horseback riding, then kayaking, then whitewater rafting. In case you're wondering, you don't need to be an expert at any of these tasks – there's no experience necessary! According to owner and founder, Cheryl Fleet, "The essence of Canyon Calling is providing a space for women to feel safe trying new things." There's no need to feel intimidated by any of the activities. The trips are designed to be perfect for women who aren't as active as they wish, and

who want to enjoy the outdoors without killing themselves.

Canyon Calling offers the structure, which then becomes an opportunity for women to experience their very own adventure. Sheryl Murray, from Grants Pass, OR, went on the Desert Mountain Escape trip in '07. Sheryl had always wanted to visit Canyon de Chelly and it was a dream come true for her. All of the trips are led by an experienced guide, ranging from ex-park rangers to a woman that's hiked the Inca Trail over 380 times! Sheryl recounts a time when it rained and they just kept going in the jeeps, "Our Navajo guide knew the rivers like the back of his hand and knew exactly where to cross the swollen rivers." Sheryl also enjoyed that they would change seats during the trip to get to know each other, "It was fun going with all women. There was more openness with all women. I am divorced and that's not going to keep me from doing anything." The trips are limited to 12 people, which creates a greater intimacy and

a chance for the women to get to know each other.

Many other women from the Northwest have taken advantage of the opportunities that Canyon Calling has to offer. Judy Davies, from Veradale, WA, has gone on two trips: Fire + Iceland! in '07 and Magic Morocco in '08. Judy claims, "I am at the point in my life where I am able and want to go out and do things, but my husband works and doesn't have the time." Canyon Calling is a perfect fit for her because she is able to go on her own adventures and she doesn't even need to bring a friend because she knows she'll make friends on the trip. On her Iceland trip, Judy became good friends with 5 of the other women and they now refer to themselves as the "Iceland 6." The trips are a fun way to make friends and connect with other women in the United States. Some of the women even end up signing up for future trips together.

For more info, call (928) 282-0916 or visit:
www.canyoncalling.com